

DIVE RULES

Freediving

Dive Center Kreidensee GmbH & Co. KG Cuxhavener Str. 1 21745 Hemmoor
Tel. 04771-7921 from 09.00 Hours www.kreideseetaucher.de Booth: 02/24

1. Before diving I must register according to my dive planning e.g. Apnea diving and acknowledge receipt of the displayed Sea Sketch, as well as the diving rules.
2. I need a valid one medical dive certificate. Diving under the influence of narcotic drugs is prohibited.
3. Apnea divers are equal to scuba divers. I require a Free diving licence! I must observe the generally valid Freediving Safety Rules!
4. The limits are a 75 m distance dive, 25 m deep dive and a dive time of 3 minutes!
If I want to exceed these limits, I must cover myself with another diver. I need to use a guiding rope and a surface buoy.
5. I never dive or train alone! To avoid accidents caused by blackouts, it is essential that I always have my partner in sight. I cover my partner, especially in the "final phase" of the ascent to arm's length. A blackout can also occur at the water surface.
This also applies to the relaxed "holiday snorkeling".
6. Freediving dives take place before scuba dives! During the sudden pressure release caused by the yo-yo profile typical of Free diving, the tissue saturated by a scuba dive releases more microbubbles. These are further increased by effort and fast ascents. There is thus a significantly increased risk of a decompression accident.
7. As a DI I decide upon my own responsibility, adapted to the circumstances, about the number of students diving with me.
At the shaker (E3) all training dives are forbidden.
I may only dive on the shaker if I can prove at least 40 dives, 5 of them in cold water.
8. I must keep a distance from "objects" or gain access to them. Damages will be regarded as property damage. Own buoys may not be attached to diving objects!
9. I will be banned from diving if I do not register before diving, if I initiate the rescue chain through negligent conduct, or if I violate these diving rules.
10. In case of an accident, I must cover all related costs, even for false alarms caused by my behaviour. I take note that there may be no pressure chamber available within a reasonable distance.
11. With my signature on the registration form I unconditionally accept all rules valid here.